

Summer Workshop Series at Adrenaline Dance of York

Back by popular demand!

*Summer Workshops are level 2 & up and will be run at in intermediate/advanced pace. (Beginner and level 1 please see our summer class schedule!)

*Min of 8 students to run the class. We reserve the right to cancel, combine, or shorten workshop classes due to lack of enrollment.

*\$25 per workshop. Max out cost at 14 workshops. Contact for free workshops after signing up for 14.

*Sign up on our website/in your parent portal today! We anticipate workshops selling out!

JULY	JULY (cont)	AUGUST
<p>Tuesday 7/7 4:30-6pm Ballet 6-7:30pm Jazz 7:30-9pm Contemporary</p>	<p>Tuesday 7/21 4:30-6pm Conditioning 6-7:30pm Ballet 7:30-9pm Jazz</p>	<p>Wednesday 8/5 4:30-6pm Contemporary- floorwork focus 6-7:30pm Tumbling 7:30-9pm Hip Hop</p>
<p>Wednesday 7/8 4:30-6pm Technique 6-7:30pm Tumbling 7:30-9pm Conditioning</p>	<p>Wednesday 7/22 4:30-6pm Technique 6-7:30pm Tumbling 7:30-9pm Contemporary</p>	<p>Thursday 8/6 4:30-6pm Conditioning 6-7:30pm Technique 7:30-9pm Ballet</p>
<p>Thursday 7/9 4:30-6pm Tumbling 6-7:30pm Jazz 7:30-9pm Ballet</p>	<p>Thursday 7/23 4:30-6pm Hip Hop 6-7:30pm Ballet 7:30-9pm Contemporary</p>	<p>Tuesday 8/11 4:30-6pm Ballet 6-7:30pm Conditioning 7:30-9pm Technique</p>
<p>Tuesday 7/14 4:30-6pm Hip Hop 6-7:30pm Conditioning 7:30-9pm Technique</p>	<p>Tuesday 7/28 4:30-6pm Conditioning 6-7:30pm Technique 7:30-9pm Jazz</p>	<p>Wednesday 8/12 4:30-6pm Jazz 6-7:30pm Hip Hop 7:30-9pm Contemporary</p>
<p>Wednesday 7/15 4:30-6pm Ballet 6-7:30pm Tumbling 7:30-9pm Contemporary</p>	<p>Wednesday 7/29 4:30-6pm Tumbling 6-7:30pm Hip Hop 7:30-9pm Jazz</p>	<p>Thursday 8/13 4:30-6pm Technique 6-7:30pm Hip Hop 7:30-9pm Ballet</p>

Competition Team Summer Requirements

**All 2025-26 team dancers (except M&M's and Minis) need 2 conditioning workshops, 2 tumbling workshops, and 3 ballet workshops during summer. If you are not in level 2+ of a certain style you're required to take the weekly class of that style (i.e. tumbling 1, ballet 1)

*Hip Hop dancers need 2 hip hop workshops (plus intensive)

*Tap dancers need weekly tap class & 2 jazz workshops (plus intensive)

*Jazz dancers need 2 technique & 2 jazz workshops (plus intensive)

*Contemporary dancers need 2 technique & 2 contemporary workshops (plus intensive)

*Acro dancers need 2 technique & 2 additional tumbling workshops (4 total) (plus intensive)